



International Confederation of Christian Family Movements



Marriage encounter (ME)

I always have found as the best recipe the golden rule of ME:

- What unites us, comes from God
- What divides us, does not come from God.

How true this is for every state of life: married, priesthood or religious?

No millions can buy joy and you cannot buy joy for your kids. Just if the parents are happy, the children will be happy. If not, they will live perhaps in a golden cage of unhappiness.

We have to strive everyday to achieve a state of joy, happiness, serenity and serendipity. Happiness consists in acceptance and appreciation of every moment our life, whether at home, at the workplace or during our pleasure time. We thank the Lord also for small blessing and also when we have to embrace the Cross. "We see joy and suffering in the Face of Christ" (John Paul II). "If we want to see the Face of Christ", the Pope tells us, "we have to contemplate His Face."

We do so through prayer and the Eucharist, and if possible some time spent in front of the Tabernacle to listen to Jesus and to contemplate His Sacred Face.